

# 55. MAŁOPOLSKI WYŚCIG GÓRSKI

## 55. TOUR OF MALOPOLSKA

***9 czerwca (piątek) = 9<sup>th</sup> June (Friday) – I ETAP (1<sup>st</sup> stage)***

|               |  |
|---------------|--|
| 8:00 - 10:00  | breakfast  |
| 9:00          | odprawa techniczna (team managers meeting) Kraków – Hotel Fero Express***, ul. Bolesława Śmiałego 60, tel: 12 390 09 00                            |
| 11:45 – 12:35 | dojazd do Alwerni ok. 50 km – 1 h (transfer to start ca 50 km – 1h)<br>Podpisywanie listy startowej drużynami (singing of the start list by teams) |

| 38 km/h         | 40 km/h         | 42 km/h         |              |  |
|-----------------|-----------------|-----------------|--------------|--|
| <b>12:00</b>    | <b>12:00</b>    | <b>12:00</b>    | <b>0 km</b>  | <b>ALWERNIA RYNEK – start do I etapu (start to the 1-st stage)</b>           |
| <b>12:05</b>    | <b>12:05</b>    | <b>12:05</b>    | <b>2 km</b>  | <b>Grojec – premia góraska CCC (mountain premie CCC) im. Jana Góreckiego</b> |
| 12:15:00        | 12:14           | 12:13:00        | 8 km         | Zalas  |
| 12:22:00        | 12:21:00        | 12:20:00        | 14 km        | Czułów   |
| 12:25:00        | 12:24:00        | 13:23:00        | 16 km        | Baczyn   |
| 12:35:00        | 12:33:00        | 12:31:00        | 22 km        | Nawojowa Góra  |
| 12:42:00        | 12:40:00        | 12:38:00        | 26 km        | Tenczynek  |
| 12:47:00        | 12:45:00        | 12:42:00        | 31 km        | Rudno  |
| 12:53:00        | 12:50:00        | 12:47:00        | 34 km        | Nieporaz   |
| 12:57:00        | 12:54:00        | 12:51:00        | 36 km        | Regulice   |
| <b>13:03:00</b> | <b>13:00:00</b> | <b>12:57:00</b> | <b>40 km</b> | <b>Alwernia Rynek – premia lotna (sprint premie)</b>                         |
| <b>13:06:00</b> | <b>13:03:00</b> | <b>13:00:00</b> | <b>42 km</b> | <b>Grojec – premia góraska CCC (mountain premie CCC)</b>                     |
| 13:14:00        | 13:12:00        | 13:11:00        | 48 km        | Zalas  |
| 13:45:00        | 13:40:00        | 13:34:00        | 66 km        | Tenczynek  |
| <b>14:06:00</b> | <b>14:00:00</b> | <b>13:54:00</b> | <b>80 km</b> | <b>Alwernia Rynek – premia lotna (sprint premie)</b>                         |
| <b>14:10:00</b> | <b>14:03:00</b> | <b>13:57:00</b> | <b>82 km</b> | <b>Grojec – premia góraska CCC (mountain premie CCC)</b>                     |
| 14:19:00        | 14:12:00        | 14:06:00        | 88 km        | Zalas  |

|               |              |               |               |  |
|---------------|--------------|---------------|---------------|--|
| 00            | :00          | 00            |               |  |
| 14:59:        | 14:50        | 14:41:        | 114 km        | Nieporaz   |
| 00            | :00          | 00            |               |  |
| 15:02:        | 14:53        | 14:44:        | 118 km        | Bolęcín  |
| 00            | :00          | 00            |               |  |
| 15:09:        | 15:00        | 14:51:        | 120 km        | Piła Kościelecka   |
| 00            | :00          | 00            |               |  |
| <b>15:20:</b> | <b>15:10</b> | <b>15:00:</b> | <b>123 km</b> | <b>Trzebinia RYNEK – meta I etapu (finish of the 1-st stage) -</b> |
| <b>00</b>     | <b>:00</b>   | <b>00</b>     |               | <b>-</b>   |

Dojazd do hoteli w Krakowie ok. 50 km (transfer to hotel to Cracow ca 50 km)

18:00 – 20:00 dinner

**START - Jury, Press, Office – Trzebinia – Usługi Komunalne, Rynek 18**

**FINISH - Jury, Press, Office – Alwernia – Samorządowe Centrum Kultury, Rynek 3**

**SHOWER – Alwernia, Sport Stadion**

### **10 czerwca (sobota) = 10<sup>th</sup> June (Saturday) – II ETAP (2<sup>nd</sup> stage)**

|               |   |
|---------------|---|
| 8:00 - 10:00  | breakfast   |
| 11:00 – 11:50 | dojazd na start do Kokotowa ok. 40 km – 30' (transfer to start ca 40 km – 30')<br>Podpisywanie listy startowej drużynami (singing of the start list by teams) |

| 38 km/h       | 40 km/h      | 42 km/h       |                |   |
|---------------|--------------|---------------|----------------|---|
| <b>12:00</b>  | <b>12:00</b> | <b>12:00</b>  | <b>0.00 km</b> | <b>CENTRUM LOGISTYCZNE 7r KOKOTÓW – start do II etapu (start to the 2 nd stage)</b> |
| 12:16         | 12:16        | 12:16         | 11 km          | Niepołomice   |
| <b>12:50:</b> | <b>12:48</b> | <b>12:46</b>  | <b>32 km</b>   | <b>Gdów – premia lotna (sprint premie)</b>  |
| <b>00</b>     | <b>:00</b>   | <b>:00</b>    |                |   |
| 13:08:        | 13:05        | 13:02:        | 43 km          | Gruszów   |
| 00            | :00          | 00            |                |   |
| 13:13:        | 13:10        | 13:07:0       | 45 km          | Mierzeń   |
| 00            | :00          | 0             |                |   |
| 13:19:        | 13:15        | 13:11:        | 50 km          | Stadniki  |
| 00            | :00          | 00            |                |   |
| <b>13:31:</b> | <b>13:25</b> | <b>13:21:</b> | <b>56 km</b>   | <b>Krzyworzeka – premia góraska CCC (mountain premie CCC)</b>                       |
| <b>00</b>     | <b>:00</b>   | <b>00</b>     |                |   |
| <b>13:38:</b> | <b>13:33</b> | <b>13:28:</b> | <b>61 km</b>   | <b>Raciechowice – premia lotna</b>  |
| <b>00</b>     | <b>:00</b>   | <b>00</b>     |                |   |
| 13:41:        | 13:36        | 13:31:        | 64 km          | Dąbie   |
| 00            | :00          | 00            |                |   |
| 13:44:        | 13:39        | 13:34:        | 66 km          | Zegartowice   |
| 00            | :00          | 00            |                |   |
| <b>13:51:</b> | <b>13:45</b> | <b>13:39:</b> | <b>69 km</b>   | <b>Góra Św. Jana – premia góraska CCC (mountain premie CCC)</b>                     |
| <b>00</b>     | <b>:00</b>   | <b>00</b>     |                |   |
| <b>13:59:</b> | <b>13:54</b> | <b>13:49:</b> | <b>75 km</b>   | <b>Jodłownik – premia lotna</b>   |

|               |              |               |               |  |
|---------------|--------------|---------------|---------------|--|
| <b>00</b>     | <b>:00</b>   | <b>00</b>     |               |  |
| <b>14:03:</b> | <b>13:57</b> | <b>13:51:</b> | <b>78 km</b>  | <b>Wilkowisko – premia górską CCC (mountain premie CCC)</b>        |
| <b>00</b>     | <b>:00</b>   | <b>00</b>     |               |  |
| <b>14:13:</b> | <b>14:07</b> | <b>14:01:</b> | <b>85 km</b>  | <b>Tymbark – premia lotna</b>                                      |
| <b>00</b>     | <b>:00</b>   | <b>00</b>     |               |  |
| 14:21:        | 14:15        | 13:09:        | 90 km         | Słopnice   |
| 00            | :00          | 00            |               |  |
| <b>14:30:</b> | <b>14:22</b> | <b>14:16:</b> | <b>95 km</b>  | <b>Pogorzelsko – premia górską CCC (mountain premie CCC)</b>       |
| <b>00</b>     | <b>:00</b>   | <b>00</b>     |               |  |
| 14:33:        | 14:27        | 14:21:        | 98 km         | Stara Wieś   |
| 00            | :00          | 00            |               |  |
| <b>14:42</b>  | <b>14:35</b> | <b>14:28</b>  | <b>103 km</b> | <b>Ostra– premia górską CCC (mountain premie CCC)</b>              |
| 14:54:        | 14:46        | 14:38:        | 111 km        | Kamienica  |
| 00            | :00          | 00            |               |  |
| 15:04:        | 14:55        | 14:46:        | 117 km        | Zabrzeź  |
| 00            | :00          | 00            |               |  |
| <b>15:09:</b> | <b>15:00</b> | <b>14:51:</b> | <b>120 km</b> | <b>Łącko – premia lotna</b>  |
| <b>00</b>     | <b>:00</b>   | <b>00</b>     |               |  |
| 15:25:        | 15:15        | 15:05:        | 130 km        | Kadcza   |
| 00            | :00          | 00            |               |  |
| 15:31:        | 15:21        | 15:11:        | 135 km        | Podegrodzie  |
| 00            | :00          | 00            |               |  |
| <b>15:40:</b> | <b>15:30</b> | <b>15:20:</b> | <b>143 km</b> | <b>STARY SĄCZ RYNEK – meta II etapu (finish of the 2-nd stage)</b> |
| <b>00</b>     | <b>:00</b>   | <b>00</b>     |               |  |

Dojazd do hoteli w Nowym Targu ok 70 km (transfers to hotels in Nowy Targ ca 70 km)

18:00 – 20:00 dinner

**START - Jury, Press, Office – Centrum Logistyczne 7r – Kokotów**

**FINISH - Jury, Press, Office – Stary Sacz, Centrum Kultury im. Ady Sari**

**SHOWER – Stary Sacz, Gimnazjum, ul. Daszyńskiego 2**

### **11 czerwca (niedziela) = 11<sup>th</sup> June (Sunday) – III etap (3<sup>rd</sup> stage)**

7:00 - 9:00 breakfast

9.0 - 10:20 dojazd na start do Chochołowa ca 25 km – 30 min (trasfer to start to Chochołów – 25 km = 30 min)

9.30 – 10.20 - singing the start list by teams

| 36 km/h       | 38 km/h       | 40 km/h       |             |   |
|---------------|---------------|---------------|-------------|---|
| <b>10:30:</b> | <b>10:30:</b> | <b>10:30:</b> | <b>0 km</b> | <b>CHOCHOŁOWSKIE TERMY – start do III etapu (start to the 3-rd stage)</b> |
| <b>00</b>     | <b>00</b>     | <b>00</b>     |             |   |
| 10:45:0       | 10:45:        | 10:45:        | 10 km       | Czarny Dunajec  |
| 0             | 00            | 00            |             |   |
| 10:57:0       | 10:56:        | 10:55:        | 16 km       | Pieniążkowice   |

|               |               |               |               |  |
|---------------|---------------|---------------|---------------|--|
| 0             | 00            | 00            |               |  |
| 11:09:0       | 11:08:        | 11:07:0       | 25 km         | Piekielnik   |
| 0             | 00            | 0             |               |  |
| 11:24:0       | 11:22:        | 11:20:        | 32 km         | Czarny Dunajec   |
| 0             | 00            | 00            |               |  |
| 11:39:0       | 11:36:        | 11:33:0       | 42 km         | Ludźmierz  |
| 0             | 00            | 0             |               |  |
| 11:46:0       | 11:43:        | 11:40:0       | 47 km         | Maruszyna  |
| 0             | 00            | 0             |               |  |
| <b>11:51:</b> | <b>11:48:</b> | <b>11:45:</b> | <b>49 km</b>  | <b>Skrzypne – premia górską CCC (mountain premie CCC)</b>          |
| <b>00</b>     | <b>00</b>     | <b>00</b>     |               |  |
| <b>12:00:</b> | <b>11:56:</b> | <b>11:52:</b> | <b>55 km</b>  | <b>Pitoniówka - premia górską CCC (mountain premie CCC)</b>        |
| <b>00</b>     | <b>00</b>     | <b>00</b>     |               |  |
| 12:13:0       | 12:08:        | 12:03:        | 62 km         | Szaflary   |
| 0             | 00            | 00            |               |  |
| <b>12:17:</b> | <b>12:12:</b> | <b>12:07:</b> | <b>65 km</b>  | <b>Maruszyna – premia lotna</b>                                    |
| <b>00</b>     | <b>00</b>     | <b>00</b>     |               |  |
| <b>12:20:</b> | <b>12:15:</b> | <b>12:10:</b> | <b>67 km</b>  | <b>Skrzypne – premia górską CCC (mountain premie CCC)</b>          |
| <b>00</b>     | <b>00</b>     | <b>00</b>     |               |  |
| <b>12:32:</b> | <b>12:26:</b> | <b>12:20:</b> | <b>73 km</b>  | <b>Pitoniówka - premia górską CCC(mountain premie CCC)</b>         |
| <b>00</b>     | <b>00</b>     | <b>00</b>     |               |  |
| 12:42:0       | 12:36:        | 12:30:        | 80 km         | Szaflary   |
| 0             | 00            | 00            |               |  |
| <b>12:47:</b> | <b>12:41:</b> | <b>12:35:</b> | <b>83 km</b>  | <b>Maruszyna – premia lotna</b>                                    |
| <b>00</b>     | <b>00</b>     | <b>00</b>     |               |  |
| <b>12:50:</b> | <b>12:44:</b> | <b>12:38:</b> | <b>85 km</b>  | <b>Skrzypne - premia górską CCC(mountain premie CCC)</b>           |
| <b>00</b>     | <b>00</b>     | <b>00</b>     |               |  |
| <b>12:58:</b> | <b>12:52:</b> | <b>12:46:</b> | <b>91 km</b>  | <b>Pitoniówka - premia górską CCC(mountain premie CCC)</b>         |
| <b>00</b>     | <b>00</b>     | <b>00</b>     |               |  |
| 13:11:0       | 13:04:        | 12:57:        | 98 km         | Szaflary   |
| 0             | 00            | 00            |               |  |
| <b>13:16:</b> | <b>13:09:</b> | <b>13:02:</b> | <b>101 km</b> | <b>Maruszyna – premia lotna</b>                                    |
| <b>00</b>     | <b>00</b>     | <b>00</b>     |               |  |
| 13:24:0       | 13:16:        | 13:08:        | 105 km        | Ludźmierz  |
| 0             | 00            | 00            |               |  |
| 13:30         | 13:22:        | 13:14:        | 109 km        | Trute  |
|               | 00            | 00            |               |  |
| 13:31:0       | 13:23:        | 13:15:        | 110 km        | Nowy Targ – przejazd kolejowy                                      |
| 0             | 00            | 00            |               |  |
| 13:34:0       | 13:26:        | 13:18:        | 112 km        | Nowy Targ – ul. Grel   |
| 0             | 00            | 00            |               |  |
|               |               |               |               |  |
|               |               |               |               |  |
| <b>13:40:</b> | <b>13:30:</b> | <b>13:20:</b> | <b>113 km</b> | <b>NOWY TARG RYNEK – meta III etapu (finish of the 3-rd stage)</b> |
| <b>00</b>     | <b>00</b>     | <b>00</b>     |               |  |

**START - Jury, Press, Office – Chochołowskie Termy**

**FINISH - Jury, Press, Office – Nowy Targ, Rynek - Ratusz**

***SHOWER – Nowy Targ, Stadion Lodowy***

***DINNER – Nowy Targ, Restauracja***

***Wypłata nagród (distribution of the prizes) from 15:30: Nowy Targ, Restauracja***